

Do You Know Your Cycle?

Infinity diagram designed by Scott R. Woolley Ph.D.

Partner 1
Withdraw or Pursue

Partner 2
Withdraw or Pursue

Behaviors
Description of these

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Description of these

**Perceptions/Attributions for your,
or partner's, reaction**
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Description of these

Reactive Emotions
Description of these

Reactive Emotions
Description of these

Vulnerable Emotions
Description of these

Vulnerable Emotions
Description of these

Unmet needs
Description of these

Unmet needs
Description of these

